
Global Sangha Newsletter 22

YAMA, BUDDHA & THE MOON

PODCAST GS19



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Wednesday 3rd March 2021

Picture: Yama

To submit items for the newsletter, please send them by midnight Monday.
News and photos are especially welcome.

Please note: In place of the listing of regular meetings, there will be a new notification to be called "Global Sangha Diary" that will come out on Thursdays.

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PODCAST GS19 "The Best Mother"

Click the button at the top for the latest podcast.

You can access transcripts and translations (Dutch, Italian, Spanish, and sometimes other languages) of this pod series at

https://eleusis.ning.com/notes/GLOBAL_SANGHA_INDEX

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THIS WEEKEND: "YAMA, BUDDHA, & THE MOON"

14.00-16.30 (Rome) on Saturday 6th March

Hosted by the Refuge Group, facilitated by Dharmavidya and Tineke Osterloh, this is the first of a series of seminar on elements of the Wheel of Life.

Subsequent seminars in this series:

17th April - The Three Poisons

15th May - Irene Day - Birth & Rebirth

19th June - Karma

10th July - Six Realms

This series will probably be followed in the autumn by classes on the Skandhas and Dependent Origination.

Join Code <https://us02web.zoom.us/j/83874646898?pwd=ZTZHbnpSREgweC81UmcyU29uUmd0QT09>

Meeting ID: 838 7464 6898

CHANGE OF DATE

Nembutsu Service with Vajrapala, Susthama or other Order member.

Henceforth they will be on **Tuesdays 14.30**.

<https://us02web.zoom.us/j/85954136440?pwd=WmRMMllydlQzaWF2Mi9RbFZWTVRRZz09>

Meeting ID: 859 5413 6440 -:- Passcode: 670414

COMING SOON: NEW SERIES OF ITZI SEMINARS

If you have an interest in learning more about our emotional and psychological processes from a Buddhist perspective, do join these seminars every 4th Saturday at 7.30pm (Rome-CET) starting on Sat 20 March 2021.

20 March "The Grace in Grieving" - Prajnatarā Teresa Bryant

17 April "The Significance of Dreams in Buddhism" - James Schmeiser

15 May "Dancing with Depression" - Susthama Kim

12 June "The Six & Eight Vijñāna Models of the Mind" - Dharmavidya

10 July - Title to be announced - Jnanamati Williams

4 September - Title to be announced - Iris Dotan Katz

FULL MOON DATES

For your diary, the next Full Moon Upavasthas will be March 27-28; April 26-27; May 25-26; June 24-25.

FROM THE POSTBAG

Angela Romani writes, concerning the February upavastha

Good morning Just to say how beautiful, enriching, powerful and.....actually there are not words enough to express the love felt in the retreat. The poetry of the chanting, the spiritual connection into the Sangha, each one is a world to discover, I was delighted to listen to everyone. Let's the Dharma spread everywhere

Thank you so much Namō Amida Bu

MARCH FULL MOON UPAVASTHA

Saturday-Sunday 27-28 March 2021

Tickets will be available from this coming weekend: .

<https://www.tickettailor.com/events/globalsangha>

BARDO CEREMONY

Tineke Osterloh's mother Christine Osterloh (1934-2021) died on 15th February this year near Colgne in Ger We shall be holding a bardo ceremony for her on Saturday 13th March. Christine leaves two children and grandchildren. Codes will be circulated to the Refuge Group and may also be obtained by request to Ji <jisshas@googlegroups.com>

FREEDOM TO DIE

The essay "Freedom to Die: Approaching Amida in a State of Grace" - *David J. Brazier*

was, until recently, only to be found as one of the chapters in the book ***Never Die Alone: Death as Birth in Land Buddhism***. Edited by Jonathan Watts and Yoshiharu Tomatsu, 2008. Published by Jodo Shu F Tokyo, but is now available for download in PDF format.

<https://storage.ning.com/topology/rest/1.0/file/get/8626309070>

THE GRACE IN GRIEVING

Saturday 20 March 7.30pm (Rome)

Prajnatarā Teresa Bryant

"You cannot discover new oceans

unless you have the courage to lose sight of the shore" ~ Tibetan Proverb

Grief is a natural response to loss, often leaving us confused and anguished. This workshop will explore shattering and transformative aspects of the grief experience through a Buddhist lens.

Prajna Teresa Bryant is a registered psychotherapist focusing in the areas of loss, life-limiting illness, aging, and transformation. She currently teaches in the M.A. of Counselling program at Western University. She is the Director of Supportive and Community Care at St. Joseph's Hospice, and Director of Pastoral Studies at Western University. She lives in Canada with her husband James and cat Myko. Prajna belongs to ITZI and IBAP and is a retired minister of the Order of Amida Buddha.

19:30 Zen Therapy Seminar: "The Grace in Grieving"

<https://us02web.zoom.us/j/87560868030>

Meeting ID: 875 6086 8030

One tap mobile local number: <https://us02web.zoom.us/j/87560868030>

EASTER RETREAT TRANSMISSION OF SUMMARY OF FAITH & PRACTICE

2-5 April 2021

Dharmavidya & Tineke Osterloh

Transmission of the text and direct teaching of the Summary of Faith & Practice

<https://eleusis.ning.com/group/buddhism/forum/topics/summary>

A key teaching in Amida Pureland Buddhism

DAY ONE

2-4pm Gathering; Introduction to the teaching;

6-8pm Service & Practice; Dharma Talk

DAY TWO

9.30-Noon Service; Practice; Session - Part One

2-4pm Part One (continued); Mondo

6-8pm Part Two

DAY THREE

9.30-Noon Service; Refuge Ceremony; Dharma Talk; Practice

2-4pm Part Three; Mondo

6-8pm Creative Workshop

DAY FOUR

9.30-Noon Part Four

2-4pm Transmission; Final Gathering

Get a ticket at <https://www.tickettailor.com/events/globalsangha>

Information also at

<https://www.tinekeosterloh.com/kurse/summary-of-faith-practice/>

TRANSMISSION OF MIRROR TEACHINGS: FIRST SERIES *Dharmavidya & Tineke Osterloh*

These programmes are based on the book

The Dark Side of the Mirror: Forgetting the self in Dogen's Genjo Koan

<https://bit.ly/36qc1rr>

The First Series commencing Monday 8th March is full but there are still places on the Second and Third Series starting in September.

2nd Series: One or two places available. 15.00-18.00 (Rome) September 11, 12, 13, 27; October 4, 11, 18, 25; November 1, 8, 15, 22, 29; December 4, 5, 6.

3rd Series Places are now available

10.00-13.00 (Rome) This series has the same dates as the second series

Content as per Series one and two.

Apply to Jisshas <jisshas@googlegroups.com>, If you have already been allotted a place, you can get your ticket

<https://www.tickettailor.com/events/globalsangha>

Ticket holders will receive access codes near to the commencement date.

DARIO SENSEI AT HEARTLAND

Saturday 8th May 18.00 (Rome)

Dario Doshin Girolami Sensei will be speaking on-line to the Heartland Sangha of Carol and Will Genro

Holcomb on March 6th. <https://www.heartlandzen.org/>

He is the Abbot of Centro Zen L'Arco - Zenmon Ji in Rome and was Guest Speaker for a Global Sangha Zoom service in January 2021. Details: Carol Corey <carolcore@gmail.com>

VOW 22: SEMINAR ON THE ONE SHEET TESTAMENT

Saturday 13th March 11.00-12.30 and repeat 19.30-21.00 (Rome time)

Richard Ollier

11:00 Vow 22 Seminar "Ichimai Kishomon"

[https://us02web.zoom.us/j/89093749872?](https://us02web.zoom.us/j/89093749872?pwd=d1djODEwd0dyTmd0Smw2TTJXNWtmUT09)

[pwd=d1djODEwd0dyTmd0Smw2TTJXNWtmUT09](https://us02web.zoom.us/j/89093749872?pwd=d1djODEwd0dyTmd0Smw2TTJXNWtmUT09)

Meeting ID: 890 9374 9872 -:- Passcode: 054021

19:30 Vow 22 Seminar "Ichimai Kishomon"

[https://us02web.zoom.us/j/83345589552?](https://us02web.zoom.us/j/83345589552?pwd=V1A1SHARyYmhWSTIKQUJpTitXRHRVdz09)

[pwd=V1A1SHARyYmhWSTIKQUJpTitXRHRVdz09](https://us02web.zoom.us/j/83345589552?pwd=V1A1SHARyYmhWSTIKQUJpTitXRHRVdz09)

Meeting ID: 833 4558 9552 -:- Passcode: 903569

To know more about the on-line, in-depth, Pureland Buddhism study course, the Vow 22 programme, go to <http://www.amidashu.org/vow-22-in-depth-study-course/> and also attend the up-coming sample lectures, the first of which, by Richard Ollier, is listed in the events section scroll down.

OASIS DE LONGUE VIE

Some members were asking for details of the community where Annette lives. Check it out at <https://www.bodhicharya-france.org/index.php/fr/le-centre-monastique/autres-associations/l-oasis-de-longue-vie> <http://www.123siteweb.fr/SeniorsduDharma/107915805>

CHION-IN

Chion-In is the largest Jodo Shu temple in Japan. I have been there a number of times and once gave a semina there about our practice here in the West and was honoured with a nembutsu ceremony at the site of the little ho on the hillside where Honen Shonin lived. If you go to Japan, do visit it. The website also has a lot of information about the temple's history and Honen Shonin. <https://www.chion-in.or.jp/en/>

ITINERANT & TEMPLE NEMBUTSU

https://www.youtube.com/watch?fbclid=IwAR2uU7FgZJfgrzCZQh-xUL6T-sXmXILQNTi9dyg_R0S9vtLk5h_t3hQ7lzc&v=IuOCtSHST2Q&feature=youtu.be

I took part in one of these during night times in Kyoto remembering events after the death of Honen Shonin - Dh

This video also bring back wonderful memories <https://www.youtube.com/watch?v=SV33rT56Tug>

NOTES FROM THE NAIKAN WORKSHOP BY CLARK CHILSON

Three basic questions:

1. What did I receive from _____?
2. What did I give to _____?
3. What troubles and difficulties did I cause _____?

First Question: To answer this question the person doing Naikan, who is called "naikansha," recalls and lists specific positive actions, objects or other good things received. It helps to be specific and concrete, rather than abstract. For example, "My wife made me hot tomato soup with the black pepper I like when I had a cold last week" is more specific and less abstract than "My wife was kind to me when I had a cold last week." It is good if the thing received can be visualized. It is easier to visualize receiving "hot tomato soup" than it is to visualize receiving kindness or love or support.

Second Question: To answer this question, the naikansha recalls and lists specific positive and concrete actions, objects or other good things he or she gave.

Third Question: To answer this question, the naikansha recalls specific and concrete things he or she did or said that caused others troubles, difficulties or suffering. For example, we can cause others troubles and difficulties when our actions or words lead someone to feel sad, angry, annoyed, burdened, worried, or hurt. As with the other two questions it helps to be concrete and specific rather than abstract. For example, "When I was 14 I caused my sister trouble by telling her she had an ugly nose" is more specific than "When I was 14 I said hurtful things to my sister." It helps if your answer can be clearly visualized. This question is difficult. It is much easier to recall the troubles and suffering others have caused us. Because this question is the most difficult for most of us, about 50% of reflection time is spent on it. Dealing with this question takes courage, but by confronting it we can come to truly know and accept ourselves. Answering this question can also open us up to a greater awareness of the love we have received.

You can also find more on Naikan in English at <https://naikan.world/> and on the ToDo Institute's website: <http://www.todoinstitute.com/>

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The school I went to aged three to five in Cyprus :- Photo by Dharmavidya

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There will be a full diary of coming events out tomorrow.

HONEN: ICHIMAI KISHOMON

The method of final salvation that I have propounded is neither a sort of meditation, such as has been practised by many scholars in China and Japan, nor is it a repetition of the Buddha's name by those who have studied and understood the deep meaning of it. It is nothing but the mere repetition of the 'Namo Amida Butsu,' without a doubt of His mercy, whereby one may be born into the Land of Perfect Bliss. The mere repetition with firm faith includes all the practical details, such as the threefold preparation of mind and the four practical rules. If I as an individual have any doctrine more profound than this, I should miss the mercy of the two Honourable Ones, Amida and Shaka, and be left out of the Vow of the Amida Buddha. Those who believe this, though they clearly understand all the teachings Shaka taught throughout his whole life, should behave themselves like simple-minded folk, who know not a single letter, or like ignorant nuns or monks whose faith is implicitly simple. Thus without pedantic airs, they should fervently practise the repetition of the name of Amida, and that alone.

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You can see other Global Sangha materials, past podcasts and articles via :

https://eleusis.ning.com/notes/GLOBAL_SANGHA_INDEX

You received this mail as you were previously in receipt of Global Sangha Newsletters or Dharmavidya's podcast the Amida Shu loop or you bought a ticket for the Bodhi Retreat. If you do not wish to receive these newsletters the future please unsubscribe from the Octopus list. Thank you.

If you wish to contact me personally, you can do so at dharmavidya@fastmail.fm or via my Facebook [@davidbrazierauthor](#) or on my website - click the Global Sangha at Eleusis link below.

Thank you very much
Namo Amida Bu
Dharmavidya
David Brazier

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